



**February is Peace and Conflict Prevention/Resolution Month**

**Upcoming Events:**

**Feb 23: Rotary's 114th Birthday** Mar 2: RLI, BridgeValley CC Mar 15 - 16: PETS  
 Mar 28 - 29: RIP Rassin Visits Buckhannon April 12 - 13: District All Club Conference  
 July 31: RIP Mark Maloney Visits Boy Scout Jamboree, Glen Jean June 1 - 5: RI Convention, Hamburg, Germany

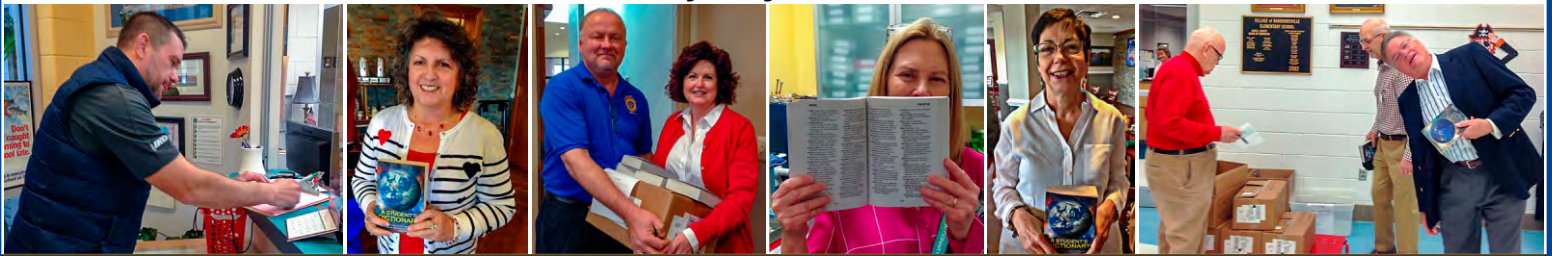
**Greeters:** Feb 20: David Groves Feb 27: Aaron Arnold Mar 6: Heidi Gunnarsdottir Mar 13: E.J. Hassan

**Today's Program: Mary Charles, Bank Fraud Detection**

One emphasis in my year will be a focus on Rotary's historic and enduring relationship with the United Nations. It will be a time for us to celebrate our partnership as well. Whether we are working toward clean water, better health, improved education, or economic stability for the world's least privileged people, Rotary shares the United Nations' enduring commitment to a healthier, more peaceful, and more sustainable world. And Rotary offers something no other organization can match: an existing infrastructure that allows people from all over the world to connect in a spirit of service and peace and take meaningful action toward that goal.

– RIPE Mark Maloney, *Rotary Connects The World, 2019-20*

**The Dictionary Project 2019 Continues**



**Rotary Peacebuilder Clubs and Districts**

February is Rotary's Peace and Conflict Prevention/Resolution Month. It is an area of focus in which many American Clubs are not actively engaged. It's something that you do in foreign countries that have armed conflict, or tribal differences, or repressive regimes. But think about it. Is everything peaceful in the Tri-State? Do we not have conflict, or differences, or injustice? Perhaps the scale is smaller, but we should still see how we Rotarians can improve the peace here at home.

The Rotarian Action Group for Peace, whose motto is Peace Through Service, has created an initiative to develop Peacebuilder Clubs and Districts. These Rotary entities look at ways to actively provide peace initiatives through careful thought and consideration of needs, and a determination to find useful solutions to address situations that require some form of peaceful resolution.

Peacebuilder Clubs address the growing problem and danger of divisiveness and polarization that fractionalizes and stagnates societies, disrupts peaceful relations, and increases the potential for violence. They build stronger, more harmonious communities and a more peaceful world, and they help Rotarians maximize the peacebuilding impact of every Rotary project in all six areas of focus. They assist in the accomplishment of Rotary's mission "to advance world understanding, goodwill, and peace."

Every person has the power to make the world a better and more peace-filled place or a worse place for those around them. If peace is ever to prevail we must temper the politics of division and make them less rewarding. As a threshold, we must build respect and at least a reasonable degree of fairness. Both are essential to peace. One of the great blessings of life is to come to know, respect, and love great people of other faiths, ethnicities, nationalities, persuasions and cultures. Not only is it enriching and inspiring to learn of their perspectives and beliefs and to work together for a common good, it's also a key to building peace. Rotarians understand this.

So how could our Club take part in this effort? Some Clubs have organized and sponsored events which bring together opposing factions of local issues. Others look for ways to help students understand the need for respectful disagreement over social issues. The trick is to think out of the box when looking around locally. Where is a peaceful solution needed?

[Editor's note: As we prepare to merge the two West Virginia Rotary Districts, I see a great opportunity for this unified District to use this conflict resolution concept on statewide issues outside a political system that often fails to resolve things. Take the current debate about education. Rotary can sponsor a series of discussions that look at the failures of our educational system, bring together people with solutions, and build a consensus on how to improve the way we are educating our children – something we are failing to do now.]

**Smile:** If only God would give me some clear sign! ... like making a large deposit in my name at a Swiss bank. ~ He is so ugly... when he walks into the bank they turn off the cameras. ~ Gentleman Farmer: one who has more hay in the bank than in the barn. ~ Marriage is like a bank account – you put it in, you take it out, you lose interest. ~ Why do they put Braille on the drive-through bank machines? ~ My father was stupid; he worked in a bank and they caught him stealing pens. ~ Bank: An institution that will gladly lend you money provided you can prove you don't need it. ~ There's so little money in my bank account, my scenic checks show a ghetto. ~ Only in America do banks leave both doors open and then chain the pens to the counters. ~

## The Happy, Healthy Rotarian

By John Borst, Rotary Club of Dryden, Canada, We The 4 Blog

Are Rotarians happier and healthier than most people in society? Although I could find no article which answers that question, there is plenty of evidence from research that volunteering in a community through an organisation makes you happy with the result that you are more likely to be healthier as well. It is especially true if you benefit your community.

In the 70s His Majesty Jigme Singha Wangchuck King of Bhutan created the Gross National Happiness index of his people's health and well being as a sign of progressive development. In 2011, the UN General Assembly Resolution 65/309 invited countries to measure the happiness of their people and use it as a guide to public policy.

Generosity which can be defined as both giving of your time and energy as well as giving money. Psychology Today reported on a University of Michigan study which found that those who volunteered regularly had death rates two and a half times lower than those who did not volunteer. They postulated that generosity supports your immune system.

A University of British Columbia study found that spending on others such as loved ones or charities by people with high blood pressure lowered their BP equal to the impact of taking anti-hypertension medication. Those who spent on themselves had no benefit at all.

Among the benefits of membership in Rotary are:

- 1. Volunteering connects you to others:** Make new friends and contacts. Increase your social and relationship skills. Passes on the benefits to your children as they learn what they see.
- 2. Volunteering is good for your mind and body:** Helps counteract the effects of stress, anger, and anxiety. Combats depression. Makes you happy. Increases self-confidence. Provides a sense of purpose. Helps you stay physically healthy.
- 3. Volunteering can advance your career:** Teaches valuable job skills. Gains career experience
- 4. Volunteering makes you happier:** Giving time makes you feel that you have more time. Creates social bonds that make you feel loved. Extends empathy and empathy leads to satisfaction.

And if you don't believe any of this do a Google IMAGE search under the term Smiling Rotarians and you will see the evidence first hand.



## Happy 114th Rotary!

On February 23, 1905, Paul Harris, Gustavus Loehr, Silvester Schiele and Hiram Shorey gathered at Loehr's office in Room 711 of the Unity Building in downtown Chicago. This was the first Rotary Club meeting. They decided to call the new club "Rotary" after the practice of rotating meeting locations.

Harris organized the first Rotary club with an initial goal to create a club of professional and businessmen for friendship and fellowship. Early on, Harris realized that Rotary needed a greater purpose. While Harris served as president of the Chicago Rotary Club in 1907, the club initiated its first public service project, the construction of public toilets in Chicago. This step transformed Rotary into the world's first service club.

The next four Rotary Clubs were organized in cities in the western United States, beginning with San Francisco, then Oakland, Los Angeles and Seattle. The National Association of Rotary Clubs in America was formed in 1910. In April 1912, Rotary chartered a club in Winnipeg, Manitoba, Canada, marking the first acknowledged establishment of an American-style service club outside the United States. To reflect the addition of a club outside of the United States, the name was changed to the International Association of Rotary Clubs in 1912. In August 1912, the Rotary Club of London received its charter from the Association, marking the first acknowledged Rotary club established outside of North America.

**AS ROTARIANS, WE ENRICH OUR LIVES BY IMPROVING THE LIVES OF OTHERS**



# BE THE INSPIRATION

RI President:  
Barry Rassin  
District Governor:  
Jim Ferguson  
Ass't Governor:  
Christine Anderson

### Club Officers:

President: Bret Hensley  
President-Elect: Jeff Madden  
President-Designate: Robin Brandon  
Past-President: Jon Jones  
Secretary: Will Crabtree  
Treasurer: Jack Mease  
Director: Brandi Beasley  
Director: Patti Price  
Director: Fred Aylsworth  
Director: Charlie Woolcock  
Sgt-at-Arms: Charles Heiner  
Interact Club: Ginny Jaskot & Mark Kozak  
Newsletter & Web: Ken Jaskot  
Photos: Patty Dickey  
Programs: Robin Brandon

Do you have any thoughts or announcements you'd like to share with our Club Members? Deadline is Saturday, 5 PM. Please include all relevant details and contact info when appropriate. The Newsletter is a vehicle for all of us!

Our Club meets Wednesday at Noon at the Guyan Golf and Country Club, 5450 U.S. Rte. 60 East, Huntington, WV 25705

[www.barboursvillerotary.com](http://www.barboursvillerotary.com)

RI Website:

[www.rotary.org](http://www.rotary.org)

District 7550 Website:

[www.rotary7550.org/](http://www.rotary7550.org/)

7550 DACdb:

[www.directory-online.com](http://www.directory-online.com)

E-Club Makeups:

<http://rotaryclubone.org/>



# Service Above Self